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Ready to embrace it all. Susan Jeffers provides a bucket load of tools and references to create a wonder-full life and embrace any uncertainty in a positive attitude, letting go of the expectations and attachments of possible outcomes and handling whatever comes your

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way. Great read and develops well on her other books. Love and light Susan.

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Embracing Uncertainty | Susan Jeffers Ph.D. | Macmillan

Susan Jeffers is a well know author and self help authority who has 18 books in all. Embracing Uncertainty is written in a very easy to read style. However don ' t let the easy reading style fool you. From the outset Susan Jeffers throws down the gauntlet to the reader by challenging how do you choose to live?

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In this book, Susan Jeffers proposes that we can not only learn to live with uncertainty, but we can even embrace it by seeing the positive in it.

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